STOP PRESS!!

BIBLE VERSE

“So David said to Joab and the commanders of the troops, “Go and count the Israelites from Bersheba to Dan. Then report back to me so that I may know how many there are”. ~Chronicles 21:2 (NIV).
The Executive President (EP) of the Cameroon Baptist Convention (CBC) Rev. Dr. Nditemeh Charlemagne has spoken words of comfort and encouragement to leaders of the CBC Health Services. Rev. Dr. Nditemeh was speaking during the Leaders Meeting in Yaounde where all leaders of the CBC Health Services had convened for a dual event – the Leaders Meeting which was preceded by Goals and Budget sessions from November 17-19, 2022.

The EP used the occasion to acknowledge that health care delivery is witnessing trying times, but he called on all leaders to pray ceaselessly in the exercise of their duties in the Lord’s vineyard. He equally encouraged togetherness and collaboration between all Hospitals and Health Centers of the Organization to ensure sustainability at all levels and to create a balance in healthcare service delivery in all communities.

The Goals and Budgets and the Leaders meetings of the CBC Health Services are annual events intended to have a better appreciation of activities in the previous year and chart a better way forward in the upcoming year.

Chaired by the Director of the CBC Health Services, Prof. Tih Pius Muffih, the 3-day event had in attendance Hospital Administrators, Chiefs of Center, Doctors, Chief Medical Officers, Supervisors of Nursing Services, Program Managers, and Supervisors etc.

Prof. Tih thanked all leaders for their passion in implementing the Mission Statement of “Providing care to all who need it as an expression of Christ Love” to all Cameroon communities.

In his greetings, the DHS urged the budding reporters to have a better appreciation of activities in the exercise of their duties in the Lord’s vineyard. He equally encouraged togetherness and collaboration between all Hospitals and Health Centers of the Organization to ensure sustainability at all levels and to create a balance in healthcare service delivery in all communities.

The DHS used the opportunity to acknowledge their primary assignments. They included: Finance clerks, secretaries, security guards, laboratory staff, pharmacy staff, housekeepers and a chief of center among others.

Drawing inspiration from Scriptures, in his devotional, Rev. Fongoh Godwin, Chaplain at the CBCHS Mvan Resource Center drew inspiration from Proverbs 24: 27, and Luke 14: 28 - 30. He corroborated these verses with what Taylor Tollison said, “If you fail to plan, you plan to fail”. To this, he prayed for the institution to realize their goals for 2023 after this session of self-evaluation that will be followed by vision implementation, and application of planned activities.

The workshop provided an opportunity for participants to work in three groups and write news reports based on the principles learned. Before the workshop rose, the news reporters expressed gratitude to the facilitators for a job well done. At the time of this report, some reporters were already filing in reports of activity from their respective stations.

Prof. Tih thanked all leaders for their passion in implementing the Mission Statement of “Providing care to all who need it as an expression of Christ Love” to all Cameroon communities.

In his greetings, the DHS urged the budding reporters never to send any information to the CBCHS Website or social media page without authorization from the Communication Unit which has the sole responsibility to do so. Prof. Tih also had kind words for the facilitators for a job well done. At the time of this report, some reporters were already filing in reports of activity from their respective stations.

The CBCHS Communication Unit team of facilitators led by the Head of Department, Clementina Njang Yong schooled the reporters on the basics of news reporting beginning with the definition, Format/Sources/Qualities/Importance of news, Techniques of newsgathering, Interview Techniques, Photojournalism, Elements of Good Writing, Identifying and Initiating success stories and Editorial Policy among others.

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In his commencement address to the graduates, Dr. Sharpe Richard Powell, visiting PAACS faculty and surgeon from USA told them to take note of three crucial facts; firstly, moments of inadequacy shows where they are right where they ought to be, secondly, they must be a servant to all no matter how much power and influence they wield, and thirdly, to be contented in all circumstances, rejoice in suffering because it births perseverance which fashions character.

Dr. Sunday David Limnyuy, internist and Assistant Program Director for CIMS further charged them to honor God with the knowledge they have acquired, putting it to practice and going after wisdom where necessary in order to be the best at what they were trained for.

In response, the graduates thanked the faculty for providing a conducive environment to study irrespective of the crisis and the prevalent COVID-19 pandemic. They requested their mentors to always expect them to return for coaching, noting that irrespective of their smartness and intelligence, what will make them special is their kindness and their manner of treating their patients.

The CBCHS continues to be a reference in quality services and is considered the second-best health service provider after the government, also serving as a consultant, preparing quality surgeons and internists through the Baptist Institute of Health Sciences (BIHS).

"The institution brings hope and stability to our health system through trainers from the USA and Europe, attracting doctors from all over the world," remarked Prof. Tih Pius Muffih, Director of Health Services as he pledged to facilitate all projects initiated to run these training programs.

Dr. Nwegbu Chukwuemeka Gerald who made it from Nigeria, and it was no surprise to all as the Director of his program, Dr. Mark Jonathan Snell described him as dedicated and tenacious, committed to seeing things to the end.

To the graduating internists, Dr. Julie Anne Stone, Director of the CIMS Program described Dr. Lubeka Nina as dedicated and approachable; Dr. Ngowo Eyambe Lydia as perseverant and hardworking; and Dr. Shadrach Fritz Kombe as a natural leader who is committed to the course, seeking after the welfare of his patients.

The event also witnessed the recognition and award of certificates to the Missionary couple, Dr. James Brown, outgoing Director of the PAACS Program, and wife, Mrs. Carolyn Brown, initiator of the Wound Care Program in Cameroon, whom both served with the CBCHS for over 15 years. The Executive President of the CBC, Rev. Dr. Nditemeh Charlemagne commended their hard work, dedication, and love while reminding them that they will always be valuable contacts for the CBCHS. The Director of the CBCHS, Prof. Tih Pius Muffih wished them a safe leave and urged them to remain powerful volunteers, continuing to provide quality care to all.

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“Every woman living with a fistula can be treated” - Dr. Ngock

Girls and women living with fistula can now heave a sigh of relief. An Obstetric fistula is an abnormal connection between a woman’s genital tract and the urinary tract (vesicovaginal fistula) or between the genital tract and the rectum (rectovaginal fistula), predominantly resulting from obstructed labor.

Dr. Ngock George, lead surgeon and clinical supervisor of the Hope and Healing International (HHI) project emphasized that obstetric fistula is not a myth but a health condition that can be prevented and also treated.

Dr. Ngock made the assurance during a capacity building workshop for some 30 doctors and nurses on fistula diagnosis and confirmation. The workshop held at the Baptist Center in Bamenda on November 17, 2022, with participants drawn from CBC Health Services facilities seeing and treating obstetric fistula in three regions of the country namely: Adamawa, West and North West.

The workshop covered the burden of fistula, causes, risk factors and prevention, diagnosis, classification, treatment, pre and post operation care, follow up of post repair girls and referral pathway.

In an overview of the project, Ayenjika Yasmine, Project Officer of the Socio-Economic Empowerment of Females with Fistula (SEEFF) project said, the burden of fistula is greatest in the northern part of Cameroon with a long-standing culture for early marriages and in the Southwest and Northwest regions due to the waging crisis that is pushing many women and young girls into unorthodox circumstances such as early marriages, prostitution and rape. She said victims of fistula are mostly characterized by poverty, limiting them from seeking medical care. Victims of fistula, Yasmine continued, are enveloped in shame and sometimes rejection and isolation, the reason why community sensitization is key in identifying and bringing them to the hospital.

“Half a million women and girls in sub-Saharan Africa, Asia, the Arab States region, Latin America and the Caribbean are estimated to be living with fistula, with new cases developing every year. Yet fistula is almost entirely preventable,” Mboni Loveline, Wound Care Supervisor noted in her presentation on the Causes/Risk Factors and Prevention of Fistula.

Drawing inspiration from the book of Luke, Rev. Fongoh Godwin, Chaplain at the CBCHS Central Administration admonished the doctors and nurses to treat females with fistula with love and compassion.

Rev. Ekwo Emmanuel, HHI Coordinator on behalf of the Director of Health Services and SEEPD Program Manager, encouraged the doctors and nurses to understand that they are a critical partner to the project. Although HHI focuses on girls 0-18 years, the Project Coordinator advised the doctors and nurses not to leave any woman with fistula behind. “Refer and treat everyone,” Rev. Ekwo directed.

Hope and Healing International (HHI) is combination of five projects running under the Socio-Economic Empowerment of People with Disabilities (SEEPD) program of the CBC Health Services with focus on assisting children and young girls with disabilities seek hospital-based care in three regions namely: Northwest, West and Adamawa. HHI Canada is funding these activities for one year running from June 2022 to July 2023.
The CBC Health Services has once again demonstrated her prowess by hosting the satellite for the Paediatric-Adolescent Treatment Africa (PATA) Summit in Cameroon. This event took place from Monday 21 to Wednesday 23 November 2022 at the CBC Health Services Mvan Resource Center in Yaounde.

The PATA Summit is aligned to the newly formed Global Alliance titled, “Ending AIDS in Children, Adolescents and Young People” – a Roadmap to 2030. The event has been focusing on ensuring that all stakeholders in the HIV response unite to Do it Right, Do it Together, Do it Now!

In support to The Global Alliance to end AIDS in Children, the PATA 2022 Summit seeks to strengthen service delivery leadership, commitment, and capacity with a key focus on reaching health and service provider teams who remain at the forefront of ending AIDS and advancing the 2030 agenda. The Summit also offers an important reality check against global and national commitments, where progress and everyday challenges, setbacks, lessons, and real-world practical solutions from the Sub-Saharan African region are shared and discussed.

A full representation of 53 participants made up of health providers, young people, community-based organizations, local Ministry of Health representatives, and other key partners took part in this summit where they linked with their peers across Africa in the “Linking and Learning Hub”. The event was hosted across 24 satellites located in 13 sub-Saharan African countries brought together in a joint program through the virtual PATA Linking and Learning Hub.

Most recent statistics in the HIV response show that globally, 37.7 million People Living with HIV, of whom 2.78 million were children aged 0-19 years. Of this number, 1.7 million are children aged 0-14 years. 1.5 million new HIV infections, and 680,000 AIDS-related deaths, of which 120,000 (18%) were children and adolescents under 20 years old.

In 2020 and at the global level, 1 in 3 people living with HIV does not have access to treatment. Each week, about 5,000 young females aged between 15 and 24 are infected with HIV, and in Sub-Saharan Africa women and children make up 63% of all new HIV infections.

In Cameroon, deaths attributed to AIDS have fallen by 47% and new infections by 72%. Continuous efforts are joined to ensure that the UNAIDS target of 95 95 95 is achieved. By this, the aim is to ensure that 95% of all HIV positive individuals diagnosed, provision of antiretroviral therapy (ART) for 95% of those diagnosed and achieve viral suppression for 95% of those treated by 2030.

The key messages for the PATA 2022 Summit have been to end AIDS in children by 2030. It was launched by UNAIDS, UNICEF and WHO in August 2022. This is in response to data that shows that only half (52%) of children living with HIV are on life-saving treatment. This is far behind adults where three quarters (76%) are receiving antiretrovirals.

The global alliance to end AIDS in children, adolescents and young people by 2030 is working to ensure that no child living with HIV is denied treatment by the end of the decade and to prevent new infant HIV infections. Also, closing the treatment gap for pregnant and breastfeeding adolescent girls and women living with HIV and optimizing continuity of treatment has been prioritized; with a mechanism put in place for preventing and detecting new HIV infections among pregnant and breastfeeding adolescent girls and women.

Accessible testing, optimized treatment, and comprehensive care for infants, children, and adolescents exposed to and living with HIV; addressing rights, gender equality, and the social and structural barriers that hinder access to services are part of the package to attain the required goal.

In Cameroon, the data reflects this outrageous treatment gap between children and adults. With all stakeholders on board, the fight against HIV and AIDS will continue to improve.
Some 42 staff from Plan International have developed their capacities in disability mainstreaming. This was during a 2-day training organized by the SEEPD Program of the CBC Health Services in response to a request from Plan International to provide capacity building for its staff on Disability and Inclusion. The workshop which took place at the Baptist Center Nkwen Bamenda recently brought together two categories of staff from Plan involved in different project orientations within the organization; the Monitoring and Evaluation staff and staff of the SIDA-Hum Project.

According to the SEEPD Program Officer and lead facilitator of the workshop, Lohshie Eugene, the objective of the workshop was to build the capacity of the designated staff of Plan International on disability mainstreaming and the collection, management, and reporting of disability disaggregated data. He explicated that with the design of the current phase of the SEEPD Program and with the present situation of the Northwest Region in humanitarian crisis, there is a need to support humanitarian organizations working in the field to ensure humanitarian actions are tailored to meet involved persons with disabilities.

For 2 days, the two groups of participants were trained on Understanding disability as an evolving concept, Barriers to inclusion, Models of disability, Legal framework promoting inclusion in Cameroon, Gender and safeguarding, and Washington Group Short Set Questions.

Exposing participants to the 2010 law on the rights of persons with disabilities and the CRPD, Asheri Ngah noted that it is an advocacy tool especially for organizations seeking to promote inclusion. It is a tool also used to hold the organizations accountable as duty bearers and service providers to be inclusive in their approach so that the law will not be used against them. Thus, she encouraged the participants to ensure that they use the law in their interventions and for the benefit of the population knowing that they are working in accordance to the law.

On his part, Lohshie Eugene schooled participants on disability related concepts, which gave participants a broader understanding of disability and impairment as well as barriers to inclusion, highlighting that, they must be intentional in putting strategies in place to break those barriers to promote inclusion in their interventions. Tina Ashiyo in her presentation called on them to respect the right-based approach to disability inclusion and be sensitive and intentional in identifying the needs of persons with disabilities.

Participants also acquired skills in Gender and Safeguarding with a focus on how to respond, report, and prevent child abuse cases and gender-based violence as field staff. Achateseh Godswill took participants through an elaborate session on the use of the Washington set of questions. The presentation had as objective to ensure participants understand the need to reflect on access to various services by people with disabilities in all program-level reports.

Speaking on behalf of the participants, the Project Coordinator of SIDA-HUM Project expressed gratitude to the SEEPD Program for always being available to provide capacity building in very relevant areas of their work as Plan International. Ben Gaille charged the participants to use the knowledge gained in approaching their work. She testified that the past workshops have been very useful to Plan International staff in making their interventions inclusive.

The SEEPD Program Manager, Awa Jacques Chirac underlined the willingness and availability of the SEEPD Program to continue such partnerships which ensure disability mainstream in community actions.

The SEEPD Program implements this activity with support from the Australian Government through the Australian NGO Cooperation Program.
CBC Health Services Echoes Need for Access to Diabetes Care

The Cameroon Baptist Convention Health Services has joined the international community to commemorate World Diabetes Day 2022. Activities marking the day were championed by the Members of the Diabetes Clinics dotted in all health centres and hospitals of the CBC Health Services.

In Cameroon, the prevalence of diabetes in adults in urban areas is currently estimated at 6-8%, with as much as 80% of people living with diabetes undiagnosed in the population, says the World Diabetes Foundation.

**World Diabetes Day in Nkwen**

At Nkwen Baptist Hospital, members of the Diabetic Clinic reiterated the importance of physical exercise to everyone - especially for people with diabetes.

Tangi Simon, Vice President of the NCD (Non-Communicable Disease) Association of Nkwen Baptist Hospital says being active reduces long-term health risks and improves overall quality of life.

The Nkwen Diabetes Clinic members matched words with actions in a coordinated sports exercise. Monju Elvis, Physical Exercise Coach and Sports Coordinator says regular physical exercise keep patients’ blood sugar levels in check. We have aerobic exercises every clinic day to keep them active always, he said.

**World Diabetes Day in Bonaberi:**

Bonaberi Baptist Hospital Douala (BBHD) cued up the celebrations of World Diabetes Day, with Rose Nyimeh, Administrator at BBHD commending those seeking diabetes care at the facility and asking them to recommend the services to their families. “BBHD is yours and here to serve you. Encourage others like you to come, for we are ready to accommodate them,” she said.

The World Diabetes Day was celebrated under the theme, “Access to Diabetes Care” – a theme that runs from 2021-2023. In 2022, the campaign focuses on the need for better access to quality diabetes education.

Chimi Emmerencia, Supervisor of Nursing Services (SNS) says Nkwen Baptist Hospital through community outreaches always spare time to educate the community on diabetes – as a means of easing access to care.

“Diabetes burden in Cameroon is not only high but is also increasing by the day,” – requiring intensive education to encourage people go for a blood sugar test and know their blood sugar level, and on the other hand spur those already with the condition to seek care.

**Ngounso Baptist Health Center commemorates World Diabetes Day for the First Time**

Ngounso Baptist Health Center (NBHC) under the leadership of the Diabetes Coordinator, Madam Vegah Evelyn took the challenge to sensitize and screen the people of Magba about the disease called, “Diabetes”. According to Tchemdah Emmanuel, news reporter, this was the first time in its history that NBHC was commemorating World Diabetes Day on November 14, 2022.

Reports say sensitization began on November 7 when Dr. Kisito Yuven took the initiative to drill the entire staff body of what diabetes is all about. In his presentation, Dr. Kisito pointed out that some of the signs and symptoms of diabetes could be muscles cramp and sexual weakness, a condition that marveled his audience.

From November 9-12, the sensitizers and the screening team went down to the Bible conference ground where 248 persons were screened and many pre-diabetes cases were identified and referred to the hospital.

The day proper, November 14, was pregnant with many activities whereby, the Coordinator, Madame Evelyn introduced activities such as health walk, dance sport, health talk, and direct demonstration on how victims of diabetes should eat fufu corn and vegetable. A total of 290 persons during the exercise were screened and many cases were identified. The indefatigable coordinator also extended the health campaign to churches, mosques and the Community Radio in Magba.

A total of 766 persons got education and awareness on diabetes during the week. Summarily, the staff of Ngounso Baptist Health Center expressed joy that a permanent Diabetes clinic has been established in the center making screening very easy and fast for those who come for it.
New Breed CBR Field Workers making Impact in Communities

A new breed of field workers, Vinsa Doris, CBR field worker working with Shallow Banyo and Ntenjem Divine Paboundjem, CBR volunteer in Tibati are leaving no stone unturned in combining their communities in search of children with musculoskeletal deformities and obstetric fistula in girls and women for referral for proper care.

Vinsa Doris works closely with a CBR student on internship and Ismaila Awaliou, a radio animator to create awareness on issues of disabilities in her community of Banyo. In their recent sensitization campaign, they reached out to 300 persons; 100 in the motor park, 50 in restaurants, and 150 in the streets of Banyo.

In Tibati, Ntenjem Divine stormed the Women’s Empowerment Center where he talked to 15 young girls and women on obstetrics fistula and musculoskeletal deformities. Reports say the Director embraced the initiative and promised to take the lead in the campaign from her Center.

Bonaberi Baptist Hospital Douala acquires Ultramodern Ultrasound Machine

World Radiography Day will be celebrated stress-free this month in BBHD as patient waiting time is now a thing of the past at the Ultrasound department. This stress-free environment at the department follows the acquisition and installation of a polyvalent, dynamic and high-resolution Mindray Ultrasound machine with four probes by the hospital.

Reports say, one particularity of this machine is the fact that different ultrasound examinations can be carried out at once and more importantly, it does cardiac ultrasound, which is a new achievement to the department and to cardiac patients who will no longer go to other facilities for this exam.

Speaking to Elvis Nyusen, our Bonaberi based reporter, a staff of the department, Weyih Nelson disclosed that the coming of this machine has seen a drastic drop in patients’ waiting time. “Back then when handing over work shift, patients are always seated outside but now it’s almost 2pm and there is no one waiting outside; our patients’ waiting time has been reduced,” he added while referring to the waiting area. He said, there’s good work flow, thanks to the coming of this “magical” machine.

Mboppi Baptist Hospital Douala procures Electrosurgical unit for dental procedures

The dental department of Mboppi Baptist Hospital Douala (MBHD) has received an Electrosurgical unit to assist in performing minor surgeries in the mouth. These procedures, which were usually done by the dentists in the theatre can now be done at the dental department. This machine is commonly used for cauterization, thus the common name, “cauterization machine”.

According to one of the dentists, Dr. Tsague Rodrigue, the Electrosurgical unit is a kind of electro-surgery equipment for incising biological tissue and blood coagulation by means of the high frequency current. The machine is used for minor surgeries like ope- culectomy, cystectomy and cauterization. According to Dr. Tsague, they had a challenge in carrying out these procedures in the theatre due to the fact that booking of appointments in the theatre was mostly on Mondays which in turn slowed down work. He added that patients who don’t cooperate will still be taken to the theatre for sedation.

The head of department, Njumbir Mispa affirmed to our Mboppi based correspondent that the coming of this machine will ease work and increase the availability of the dentists in the department who spend hours in the theatre as a result of not having the machine in the department. She added that patients will be happy since such procedures done in the department under local anaesthesia is less expensive as compared to when they are carried out in the theatre under general anaesthesia.

Mr. Saknda Joseph, a dental staff also noted that the presence of the machine will reduce referral cases and pull patients from far and near to be treated upon at the MBHD dental department. It will help improve treatment and care for patients more precisely and minimize complications as accuracy is the watchword.

The piece of equipment was dedicated on October 31, 2022 by the administration and the chaplaincy department.

New Physiotherapy Department creating Impact in Baptist Health Center Kribi

Barely over a month when the physiotherapy department (PT) went operational in Baptist Health Centre Kribi (BHCK), the impact is visible. “So far, we have seen a total of 164 patients, a promising future and a good feedback from our patients who have added a plus on our side,” says Yungong Benard Njoisah, pioneer head of department in a chat with our Kribi based reporters, Nfor Hilari and Mbeng Anna. Reports also say, clubfoot services will equally gain a plus on our side, “ says Yungong Benard Njoisah, pioneer head of department in a chat with our Kribi based reporters, Nfor Hilari and Mbeng Anna.

Reports say, the unrivaled need for PT services had overpowered the capabilities of the existing health facilities in Kribi necessitating the referral of many patients to seek PT services out of the town. The lack of PT services also encouraged many patients to resort to the use of tropical and traditional medications for movement and functional problems. The department staff advised that the role of PT in disease prevention, health promotion and health education cannot be over emphasized.

With the creation of the PT department at BHCK, numerous patients are recovering from injuries and those living with chronic diseases will no longer have to move out of Kribi for PT services. “They can now benefit from manual physical therapy, a physiotherapy exercise that strengthens the body and improves body function. Equally, easy access to management of common musculoskeletal conditions like sports injuries, road traffic accidents, strains, sprains, arthritis, pregnancy exercises, back pain, neck pain and stiffness and many more are now available”.

According to the HOD, enough sensitization will be done to raise awareness of these services in the community. Sensitization has been done already at the level of the health facility through presentations. He now looks forward to raising awareness among community dwellers and local churches on the role and scope of physiotherapy and the promotion of healthy lifestyles.

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The perennial water crisis in Kumba Baptist Hospital (KBH) is now a story of the past. KBH Administrator, Mr. Yungseh Peter Nshiom has led a recent completion of a borehole water project, a CBCHS directed program of “UNICEF WASH” which will supply free and clean water to the entire Pulletin quarter in Kumba II Sub Division, the entire Baptist compound including the seminary, the Berean Baptist Church and the Kumba Baptist Hospital.

Reports say, more than one year ago, Mr. Yungseh Peter Nshiom had a dream of creating supplementary water sources to boast the present CAM water in Pulletin quarter and KBH. He then contacted, on several occasions, UNICEF, an NGO whose objectives among others was to create borehole water for communities in the North West and South West Regions due to the Anglophone crisis.

After the approval of the project by “UNICEF WASH,” a committee was created headed by Rev. Tute Elvis Tute, the Kumba Field Pastor as Chairman. The over five million francs project started and contractors went to work in July 2021. Today, the project has come to an end with the population of Pulletin quarter in Kumba II Sub Division benefiting free and clean water supply from the borehole water project controlled by Madam Ful Morine of the CBCHS.

Our Kumba based reporters, Tanyu Usmanu Ndi and Kati Mercy say, pending works on the project at the time of this report include; building of basement to the catchment tank, distribution of water from the tank to the entire Baptist compound that is; Cameroon Baptist Seminary Kumba, Berean Baptist Church and KBH.

Report says, the Pulletin quarter now joins the list of other beneficiaries from “UNICEF WASH” borehole water project/water maintenance such as Ikiliwindi, Kombone Mission in Meme Division, Mile 16 in Buea, Boyo, Donga Mantung Divisions.

According to correspondent reports, the borehole water project is being completed at a time when the entire population of Kumba is coming out of a historical water crisis. For the past months, Kumba had suffered from cholera outbreak that led to the death of four persons and several people hospitalized. A heavy downpour on Sunday, September 11, 2022 led to the destruction of the main pipe that supplies water to Kumba causing the entire population of Kumba to go without pipe borne water for close to three weeks.

Faced with this situation, the public health expert and Administrator of KBH, Mr. Yungseh Peter Nshiom made available more than 30 cartons of “Aqua tablets” to the population of Kumba for disinfection of the only available “well water” before use. The 10 sachets of aqua tablets given to each person to sterilize 500 litres of water by the Administrator of KBH was seen by many not just as a humanitarian and public health remedy but also as a fulfillment of the CBCHS Mission Statement.

In other responses to the September 11, 2022 water tragedy in Kumba, the CP Satellite store of KBH on October 7, 2022 received a supply of 10,500 litres of HESCO water from Health Services Complex Mutengene to serve the population of Kumba and equally supply Ekondo Titi and Mamfe Health Centres.

Marvelled with joy, the entire staff of KBH now known in Kumba as “The family” went straight to offload the CP Vehicle as they left morning devotions – an exercise that took close to three hours of intense exercise and energy to transfer 10,500 litres of HESCO water to KBH drug store under the supervision of the Administrator, Mr. Yungseh Peter, the SNS, Madam Yunioh Delphine and the staff representatives.

By making available more “aqua tablets”, stepping up the stock of HESCO water and completion of CBCHS directed program of “UNICEF WASH” - the borehole water project by KBH Administrator, Mr. Yungseh Peter and “Partners,” water crisis and scarcity “here” is now a story of the past.
Sarkibaka Goes Offensive against NCDs

The staff of Sabinaka Baptist Health Centre have deemed it necessary to fight Non-Communicable Diseases (NCDs) through physical exercises. They have earmarked Saturday as the day for regular dance sports and aerobics, from 5:30am - 6:30am.

Mr. Ngum Robert Kinkoh, Chief of Centre says this dance sport is to see that everybody is involved in the exercise because not everyone is interested in outdoor games like football and handball that require the use of much energy and tact.

"These regular physical exercises will make our staff more active, alert, enhance reasoning and as well as reduce the chances of developing NCDs such as hypertension and diabetes," the COC said. The sports exercise is not limited only to the staff. Given that our priority is the health of the populace, we will permit those around the facility to participate regularly, he added.

Mr. Monie Standy, Sports Master says though the exercise started timidly, there are hopes that it will pick up steam, as it is, in other institutions of the Cameroon Baptist Health Services. "We have the full support of the administration, and that is a great booster," the Sports Master said.

The initiative has already been embraced by some community members. Mrs. Ngoyop Carine Beri, Community Member says she was happy being part of the maiden sports dance. "I want to thank the administration for the initiative. I will spread the word to other community members to come onboard – so to stay active," she promised.

Mboppi Baptist Hospital Doula (MBHD) has joined the rest of the world in observing World Prematurity Day. Under the flagship of the Neonatal Intensive Care Unit (NICU), the day was characterized by a presentation during morning devotions, on how to prevent and reduce neonatal mortality rate, and the importance of Kangaroo method used to maintain skin contact with mother and child.

The presentation equally highlighted some challenges faced by some parents at the NICU which are psychological distress, financial difficulties etc. World Premature Day was a unique opportunity for MBHD to encourage parents to have a strong positive mind and to stay close to their babies.

The 2022 edition was celebrated on the theme "A parent’s embrace: a powerful happy, enable skin to skin contact from the moment of birth."

Lassin Baptist Health Center launches COVID-19 Vaccination

Lassin Baptist Health Center (LBHC) on November 18 joined the caravan to launch vaccination campaign to kick COVID-19 out of the area as the year draws to an end. Our Lassin based correspondent, Nyako Roger says the chief of center of LBHC, Madam Wamie Hilda chaired the campaign on the first day of the vaccination on November 18. Reports say, at the time of this report on November 27, a total of 60 persons were already vaccinated.
Voundou Baptist Health Center records Case of Clubfoot

The case of Club Foot was recorded on Saturday, November 19, 2022 at about 1:30pm. The new baby is expected to be profiled and followed up for treatment using the Ponsetti technique.

CBCHS Communication Unit fetes as Olives walks Drusilla into Matrimony

Mbehni Drusilla Nange has promised to be a God-intended helpmate and wife to Akem Olives Nkwain. She made the pledge on November 26, 2022 in a wedding ceremony at Hope Baptist Church, Ndamukong-Bamenda.

"I, Mbehni Drusilla Nange, according to the Word of God, submit myself to you, Akem Olives Nkwain to be a wife to you. I receive you as God's gift to me…," vowed Drusilla under the close watch of Rev. Fongoh Godwin, Officiating Minister.

Olives on his part covenanted to leave his father and mother in accordance to God's word to join Drusilla as her husband. "I do promise before God and these witnesses, to be your loving and faithful husband; to cherish you always, to lead you as Christ leads me…," professed Olives in baritone voice to the cheerily applause of the wedding attendees.

As Olives and Drusilla walk the matrimonial path, they have been called to build a Gospel centered marriage and home. According to Pastor Minang Wilson of Hope Baptist Church, a gospel centered marriage is one that represents the mind of Christ – and the couple’s believe and lifestyle is bible informed.

Shortly after exchanging the vows, the Rev. Fongoh conferred the most anticipated titles on them. "I, as the minister of the gospel and with the powers as pastor of the Cameroon Baptist Convention, now declare you husband and wife."

Mr. and Mrs. Nkwain (Olives and Drusilla) in accordance to the gospel of Christ shall live in happy matrimony till death do them part.
Thank God for bringing us gradually to the end of the year.

2. Thank God for calm and peace that is gradually returning to our country especially in the Far North, East, Northwest and Southwest regions.

3. Thank God for the successful Leaders Meeting that held in Yaounde.

4. Pray that the goals set for 2023 will be implemented with all seriousness.

5. Pray for God’s guidance and leadership during the end of the year period.

Merry Christmas
Happy New Year